



Fair Price Report
real repair records, not a labor guide

Report FPR-f2b8716ff27b

Issued October 13, 2026

Data as of July 2026

fixdozer.com/repair-cost/ford/f-150/vvt-solenoid-replacement/

Ford F-150 — VVT Solenoid Replacement

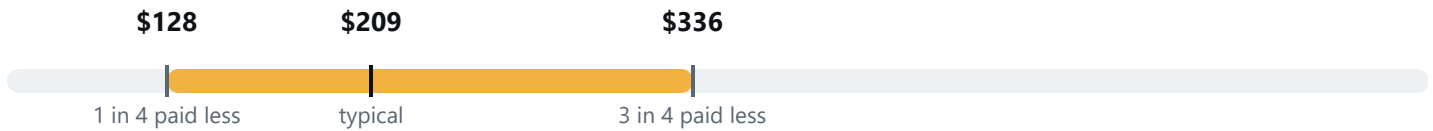
What owners actually paid for this repair, computed from **real, paid Ford F-150 VVT solenoid replacements** at independent shops across the US.

\$209

typical total — half of all Ford F-150 VVT solenoid replacement jobs cost less, half cost more

Fair range **\$128 – \$336**

the middle half of all invoices
(parts + labor + fees)



LINE ITEM	LOW (1 IN 4 PAID LESS)	TYPICAL	HIGH (3 IN 4 PAID LESS)
Parts — VVT solenoid(s) Variable-valve-timing solenoid(s), seals, oil and filter	\$40	\$56	\$94
Labor — 1.5 hrs typical Range 0.8 – 2.2 hrs: replace the solenoid(s), change oil if sludged, clear codes and verify	\$73	\$121	\$214
Shop fees, supplies & tax The remainder of a typical invoice after parts and labor; varies by state and shop	—	~\$32	—
Total — what owners paid	\$128	\$209	\$336

Low / typical / high are computed per line, so they don't add up exactly to the totals — the total row is the real distribution of complete invoices.

IS YOUR QUOTE FAIR?

A quote between **\$128 and \$336** is inside the band where half of all Ford F-150 VVT solenoid replacements landed. Below it is not automatically a bargain (one solenoid on top of the engine); above it is not automatically gouging (two or more solenoids, oil change with it, solenoids under the intake) — but both ends deserve a question.

WHAT MOVES THE PRICE

- **One or several** — many engines run two to four; codes point to the one that failed.
- **Oil** — sludge is what sticks them — fresh oil usually comes with the job.

ABOUT THIS DATA · HOW TO USE THIS REPORT

Vehicle **Ford F-150, model years 1976–2020**
Data confidence **Good** — *good sample, dependable ranges*
Records through **July 2026**, refreshed continuously
Source **paid invoices from independent US repair shops**

Bring it to the shop. Ask for the written estimate split into parts, labor hours and rate, and fees — then compare each line. A shop that explains a number above the range is doing its job; one that won't is telling you something too.

NOT A QUOTE This report describes what other owners paid for the same repair. Your year, engine, region and the parts chosen shift the number. FixDozer does not perform repairs and receives nothing from shops.

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