



GMC Terrain — VVT Solenoid Replacement

What owners actually paid for this repair, computed from **real, paid GMC Terrain VVT solenoid replacements** at independent shops across the US.

\$328

typical total — half of all GMC Terrain VVT solenoid replacement jobs cost less, half cost more

Fair range **\$231 – \$441**

the middle half of all invoices
(parts + labor + fees)



LINE ITEM	LOW (1 IN 4 PAID LESS)	TYPICAL	HIGH (3 IN 4 PAID LESS)
Parts — VVT solenoid(s)	\$78	\$115	\$157
Variable-valve-timing solenoid(s), seals, oil and filter			
Labor — 1.7 hrs typical	\$112	\$173	\$235
Range 1 – 2.2 hrs: replace the solenoid(s), change oil if sludged, clear codes and verify			
Shop fees, supplies & tax	—	~\$41	—
The remainder of a typical invoice after parts and labor; varies by state and shop			
Total — what owners paid	\$231	\$328	\$441

Low / typical / high are computed per line, so they don't add up exactly to the totals — the total row is the real distribution of complete invoices.

IS YOUR QUOTE FAIR?

A quote between **\$231 and \$441** is inside the band where half of all GMC Terrain VVT solenoid replacements landed. Below it is not automatically a bargain (one solenoid on top of the engine); above it is not automatically gouging (two or more solenoids, oil change with it, solenoids under the intake) — but both ends deserve a question.

WHAT MOVES THE PRICE

- **One or several** — many engines run two to four; codes point to the one that failed.
- **Oil** — sludge is what sticks them — fresh oil usually comes with the job.

ABOUT THIS DATA · HOW TO USE THIS REPORT

Vehicle **GMC Terrain, model years 2010–2018**
Data confidence **Good** — *good sample, dependable ranges*
Records through **July 2026**, refreshed continuously
Source **paid invoices from independent US repair shops**

Bring it to the shop. Ask for the written estimate split into parts, labor hours and rate, and fees — then compare each line. A shop that explains a number above the range is doing its job; one that won't is telling you something too.

NOT A QUOTE This report describes what other owners paid for the same repair. Your year, engine, region and the parts chosen shift the number. FixDozer does not perform repairs and receives nothing from shops.